

Wyniki



| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|-------------|----------------------------|-------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 1 | 63 | Paweł | Łączny | ChampionMan Team | Czempiń | 1983 | M30 | 1 | 1 | | 00:36:01 | 00:36:00 |
| 2 | 46 | Julian | Bocian | AmiBelle | Kraplewo | 1980 | M30 | 2 | 2 | | 00:36:48 | 00:36:47 |
| 3 | 112 | Piotr | Krakowski | Szymanowski Team | Międzyrzecz | 1990 | M20 | 1 | 3 | | 00:38:42 | 00:38:43 |
| 4 | 68 | Witold | Sobczak | KB Szamotuły | Poznań | 1977 | M40 | 1 | 4 | | 00:39:57 | 00:39:54 |
| 5 | 137 | Paweł | Jankowski | | Krzywiń | 1973 | M40 | 2 | 5 | | 00:40:48 | 00:40:46 |
| 6 | 22 | Michał | Krzyżek | SanFilippo Team | Mosina | 1983 | M30 | 3 | 6 | | 00:40:49 | 00:40:48 |
| 7 | 99 | Tomasz | Radke | | Babki | 1984 | M30 | 4 | 7 | | 00:40:50 | 00:40:47 |
| 8 | 10 | Robert | Walczak | Cytadela by Night TRI Team | Poznań | 1980 | M30 | 5 | 8 | | 00:40:56 | 00:40:55 |
| 9 | 23 | Remigiusz | Graf | Turbo Run Leszno | Leszno | 1969 | M50 | 1 | 9 | | 00:40:59 | 00:40:57 |
| 10 | 129 | Krzysztof | Swornowski | Naramowice Biegają | Poznań | 1975 | M40 | 3 | 10 | | 00:41:38 | 00:41:37 |
| 11 | 31 | Patryk | Ziółkowski | Witkowo Biega | Witkowo | 1994 | M20 | 2 | 11 | | 00:41:48 | 00:41:47 |
| 12 | 45 | Krzysztof | Cierniak | PRO366 | Zalasewo | 1968 | M50 | 2 | 12 | | 00:41:58 | 00:41:55 |
| 13 | 34 | Arkadiusz | Mikołajczak | | Jarocin | 1990 | M20 | 3 | 13 | | 00:42:15 | 00:42:11 |
| 14 | 28 | Wojciech | Januć | Arka Leśna | Puszczykowo | 1990 | M20 | 4 | 14 | | 00:43:05 | 00:43:02 |
| 15 | 29 | Piotr | Draber | Biegacze Celebryci | Poznań | 1991 | M20 | 5 | 15 | | 00:43:11 | 00:43:09 |
| 16 | 126 | Agnieszka | Adel | Poznan | Poznan | 1977 | K40 | 1 | | 1 | 00:43:14 | 00:43:13 |
| 17 | 78 | Łukasz | Osiurak | Pamięci Michała Gajownika | Drużyna | 1985 | M30 | 6 | 16 | | 00:43:25 | 00:43:21 |
| 18 | 119 | Tomasz | Leśniewski | | Poznań | 1962 | M50 | 3 | 17 | | 00:43:28 | 00:43:26 |
| 19 | 20 | Bartosz | Stanek | Plewiska Biegają | Plewiska | 1988 | M30 | 7 | 18 | | 00:43:58 | 00:43:57 |
| 20 | 64 | Tomasz | Dawidowicz | TODA Meble | Poznań | 1987 | M30 | 8 | 19 | | 00:44:03 | 00:44:01 |
| 21 | 95 | Kacper | Gorgoń | Lesna Leszno | Leszno | 1994 | M20 | 6 | 20 | | 00:44:04 | 00:44:01 |
| 22 | 125 | Mateusz | Wąsowski | Maro Tur | Koszalin | 1995 | M20 | 7 | 21 | | 00:44:05 | 00:44:00 |
| 23 | 106 | Damian | Szymański | Dynamo Śmiga | Plewiska | 2002 | M15 | 1 | 22 | | 00:44:05 | 00:44:02 |
| 24 | 16 | Andrzej | Müller | | Puszczykowo | 1958 | M60+ | 1 | 23 | | 00:44:15 | 00:44:13 |
| 25 | 7 | Paweł | Bednarz | | Mieczewo | 1973 | M40 | 4 | 24 | | 00:44:30 | 00:44:27 |
| 26 | 74 | Andrzej | Lewandowski | Luboński Klub Biegacza | Luboń | 1974 | M40 | 5 | 25 | | 00:44:46 | 00:44:42 |
| 27 | 104 | Sebastian | Szymaniak | | Kórnik | 1999 | M20 | 8 | 26 | | 00:45:02 | 00:44:48 |
| 28 | 60 | Maciej | Niewiada | eXplorador | Dopiewo | 1981 | M30 | 9 | 27 | | 00:45:05 | 00:44:59 |
| 29 | 67 | Emilia | Bogucka | | Mosina | 1978 | K40 | 2 | | 2 | 00:45:13 | 00:45:10 |

Wyniki



| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|-------------|-------------------------------------|------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 30 | 110 | Tomasz | Piątkowski | ST RUNNERS | Plewiska | 1974 | M40 | 6 | 28 | | 00:45:38 | 00:45:35 |
| 31 | 66 | Robert | Dymarski | Mosina biega | Mosina | 1980 | M30 | 10 | 29 | | 00:45:40 | 00:45:37 |
| 32 | 139 | Marek | Śliwka | Logos Travel | Poznań | 1955 | M60+ | 2 | 30 | | 00:45:55 | 00:45:50 |
| 33 | 96 | Norbert | Wasiakowski | Orange Polska | Pobiedziska | 1974 | M40 | 7 | 31 | | 00:46:44 | 00:46:42 |
| 34 | 94 | Rafał | Janc | GRUPA BIEGOWA WIELKOPOLSCY BIEGACZE | Puszczykowo | 1980 | M30 | 11 | 32 | | 00:46:46 | 00:46:41 |
| 35 | 122 | Magdalena | Kędziora | www.strongfitwomen.pl | Boguszyn | 1993 | K20 | 1 | | 3 | 00:46:54 | 00:46:51 |
| 36 | 51 | Daniel | Labrzycki | DANFLOR TEAM | Grodzisk Wlkp | 1985 | M30 | 12 | 33 | | 00:47:04 | 00:46:58 |
| 37 | 25 | Andrzej | Narloch | Charty Chartowo | Poznań | 1969 | M50 | 4 | 34 | | 00:47:06 | 00:47:02 |
| 38 | 52 | Paweł | Kasprzak | | Poznań | 1989 | M30 | 13 | 35 | | 00:47:11 | 00:46:58 |
| 39 | 134 | Marek | Szydłowski | CBN | Poznań | 1981 | M30 | 14 | 36 | | 00:47:20 | 00:47:07 |
| 40 | 97 | Izabela | Budna | Lucky LUZers | Głuchowo | 1973 | K40 | 3 | | 4 | 00:47:28 | 00:47:26 |
| 41 | 48 | Katarzyna | Burdajewicz | | Dolsk | 1971 | K40 | 4 | | 5 | 00:47:46 | 00:47:44 |
| 42 | 109 | Łukasz | Rossa | Wilki z Wildy | Poznań | 1982 | M30 | 15 | 37 | | 00:49:22 | 00:49:12 |
| 43 | 141 | Michał | Dublaga | #biegiwlkp | Poznań | 1989 | M30 | 16 | 38 | | 00:49:39 | 00:49:36 |
| 44 | 30 | Marta | Kasprowicz | Biegacze Celebryci | Poznań | 1991 | K20 | 2 | | 6 | 00:49:49 | 00:49:47 |
| 45 | 44 | Damian | Spychała | Inea | Dachowa | 1986 | M30 | 17 | 39 | | 00:50:04 | 00:49:59 |
| 46 | 93 | Marcin | Galek | | Leszno | 1997 | M20 | 9 | 40 | | 00:50:05 | 00:49:53 |
| 47 | 87 | Jagoda | Szabelska | | Rogalin | 1995 | K20 | 3 | | 7 | 00:50:20 | 00:50:18 |
| 48 | 59 | Michał | Łukasik | | Poznań | 1989 | M30 | 18 | 41 | | 00:50:27 | 00:50:22 |
| 49 | 70 | Igor | Michta | | Poznań | 1989 | M30 | 19 | 42 | | 00:50:44 | 00:50:41 |
| 50 | 21 | Bartosz | Chmielewski | 33 BLTr | Witkowo | 1990 | M20 | 10 | 43 | | 00:50:46 | 00:50:37 |
| 51 | 89 | Michał | Ogórkiewicz | | Łeczyca | 1974 | M40 | 8 | 44 | | 00:50:50 | 00:50:38 |
| 52 | 8 | Marek | Spychała | | Obrzycko | 1988 | M30 | 20 | 45 | | 00:50:57 | 00:50:52 |
| 53 | 83 | Tomek | Wrąbel | 1978 | Poznań | 1978 | M40 | 9 | 46 | | 00:51:04 | 00:50:55 |
| 54 | 103 | Justyna | Mazana | Biegacze Pmi | Międzychód | 1978 | K40 | 5 | | 8 | 00:51:09 | 00:51:02 |
| 55 | 53 | Tomasz | Kaźmierczak | Tarnowo | Tarnowo Podgórne | 1975 | M40 | 10 | 47 | | 00:51:16 | 00:51:03 |
| 56 | 118 | Paweł | Jaroszczak | | Suchy Las | 1994 | M20 | 11 | 48 | | 00:51:30 | 00:51:16 |
| 57 | 79 | Piotr | Chudy | Archery Games | Poznań | 1985 | M30 | 21 | 49 | | 00:51:30 | 00:51:17 |
| 58 | 50 | Adam | Jurga | Kościan Team | Osiek | 1989 | M30 | 22 | 50 | | 00:51:42 | 00:51:35 |

Wyniki



| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|------------------|-----------------------------------|------------------|---------|------------|---------|----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 59 | 121 | Bartosz | Machonski | HitCena.pl | Poznań | 1974 | M40 | 11 | 51 | | 00:51:42 | 00:51:34 |
| 60 | 98 | Krzysztof | Biedalak | | Swarzędz | 1984 | M30 | 23 | 52 | | 00:51:55 | 00:51:45 |
| 61 | 92 | Danuta | Strychalska-Rysz | Team Run Gołańcz | Gołańcz | 1989 | K30 | 1 | | 9 | 00:52:03 | 00:52:00 |
| 62 | 27 | Mateusz | Michalak | | Bolechówko | 1988 | M30 | 24 | 53 | | 00:52:28 | 00:52:24 |
| 63 | 135 | Sławomir | Spychała | HERNIK TEAM | Sapowice | 1966 | M50 | 5 | 54 | | 00:52:33 | 00:52:24 |
| 64 | 127 | Justyna | Zielińska | Luboński Klub Biegacza | Luboń | 1976 | K40 | 6 | | 10 | 00:52:34 | 00:52:29 |
| 65 | 69 | Tomasz | Bosiacki | | Szamotuły | 1981 | M30 | 25 | 55 | | 00:52:39 | 00:52:31 |
| 66 | 82 | Monika | Hauser-Giers | Kościan Team | Nowy Lubosz | 1980 | K30 | 2 | | 11 | 00:52:47 | 00:52:42 |
| 67 | 123 | Dominik | Ratajszczak | | Sepienko | 1988 | M30 | 26 | 56 | | 00:52:53 | 00:52:47 |
| 68 | 131 | Monika | Antkowiak | Muay Running Team | Murowana Goślina | 1987 | K30 | 3 | | 12 | 00:52:55 | 00:52:51 |
| 69 | 102 | Sławomir | Stelmaszewski | | Kwilcz | 1977 | M40 | 12 | 57 | | 00:53:00 | 00:52:53 |
| 70 | 6 | Dariusz | Kliks | Zmęczeni już przed biegiem | Poznań | 1970 | M40 | 13 | 58 | | 00:53:04 | 00:52:50 |
| 71 | 76 | Magdalena | Błochowiak | | Miejska Górka | 1982 | K30 | 4 | | 13 | 00:53:09 | 00:53:03 |
| 72 | 77 | Tomasz | Błochowiak | | Miejska Górka | 1980 | M30 | 27 | 59 | | 00:53:09 | 00:53:03 |
| 73 | 128 | Marzena | Kwaśna | | Luboń | 1971 | K40 | 7 | | 14 | 00:53:26 | 00:53:22 |
| 74 | 84 | Konrad | Lewardowski | KTB KUNY | Poznań | 1970 | M40 | 14 | 60 | | 00:53:30 | 00:53:17 |
| 75 | 85 | Dawid | Tomaszewski | | Komorniki | 1976 | M40 | 15 | 61 | | 00:53:35 | 00:53:19 |
| 76 | 2 | Joanna | Jankowska | aktywnie.fit | Żabno | 1973 | K40 | 8 | | 15 | 00:53:40 | 00:53:37 |
| 77 | 14 | Beata | Glapa | PRO366 | Poznań | 1990 | K20 | 4 | | 16 | 00:53:53 | 00:53:42 |
| 78 | 13 | Marcin | Szpakowski | | Poznań | 1982 | M30 | 28 | 62 | | 00:53:59 | 00:53:49 |
| 79 | 111 | Paweł | Niedzielski | 31.brt | Puszczykowo | 1985 | M30 | 29 | 63 | | 00:54:03 | 00:53:52 |
| 80 | 9 | Patryk | Starkiewicz | | Śrem | 1995 | M20 | 12 | 64 | | 00:54:13 | 00:54:00 |
| 81 | 116 | Artur | Szymoniak | | Poznań | 1982 | M30 | 30 | 65 | | 00:54:14 | 00:53:59 |
| 82 | 132 | Dominik | Kubicki | | Leszno | 1977 | M40 | 16 | 66 | | 00:54:27 | 00:54:19 |
| 83 | 133 | Klaudia | Możuch | Muay Running Team | Tulce | 1988 | K30 | 5 | | 17 | 00:54:39 | 00:54:32 |
| 84 | 57 | Agata | Olzacka | HERNIK TEAM | Poznań | 1982 | K30 | 6 | | 18 | 00:54:40 | 00:54:31 |
| 85 | 105 | Zbigniew | Bocian | 2. Skrzydło Lotnictwa Taktycznego | Poznań | 1967 | M50 | 6 | 67 | | 00:55:18 | 00:55:11 |
| 86 | 47 | Krzysztof | Kolda | Sunday Terrorist | Mosina | 1991 | M20 | 13 | 68 | | 00:55:39 | 00:55:19 |
| 87 | 108 | Krzysztof | Ramski | | Kalisz | 1995 | M20 | 14 | 69 | | 00:55:45 | 00:55:40 |

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| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-------------|---------------|-----------------------------|-------------|---------|------------|---------|----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 88 | 3 | Szymon | Kasprowicz | jestem z Puszczy.. :) | Puszczykowo | 1970 | M40 | 17 | 70 | | 00:55:52 | 00:55:44 |
| 89 | 11 | Andrzej | Skrzypek | | Kaźmierz | 1969 | M50 | 7 | 71 | | 00:56:00 | 00:55:43 |
| 90 | 72 | Agnieszka | Lewartowska | KUNY | Poznan | 1975 | K40 | 9 | | 19 | 00:56:02 | 00:55:48 |
| 91 | 140 | Marcin | Kaźmierczak | Polonia Środa | Chocicza | 1988 | M30 | 31 | 72 | | 00:56:39 | 00:56:30 |
| 92 | 136 | Waldemar | Kopczyński | | Puszczykowo | 1958 | M60+ | 3 | 73 | | 00:56:42 | 00:56:32 |
| 93 | 138 | Martyna | K | | Poznań | 1988 | K30 | 7 | | 20 | 00:56:43 | 00:56:29 |
| 94 | 54 | Dariusz | Lewandowski | Kościan Team | Kościan | 1990 | M20 | 15 | 74 | | 00:56:43 | 00:56:36 |
| 95 | 73 | Mariusz | Galewski | | Kotlin | 1966 | M50 | 8 | 75 | | 00:57:00 | 00:56:50 |
| 96 | 101 | Włodzimierz | Pawłowski | Mania Podolany | Poznań | 1962 | M50 | 9 | 76 | | 00:58:43 | 00:58:25 |
| 97 | 75 | Aleksandra | Borowska | | Puszczykowo | 1994 | K20 | 5 | | 21 | 00:58:53 | 00:58:44 |
| 98 | 124 | Maciej | Zaborowski | Fundacja Ogród Marzeń | Jarocin | 1974 | M40 | 18 | 77 | | 00:59:13 | 00:59:07 |
| 99 | 113 | Magdalena | Laufer | | Dąbrówka | 1984 | K30 | 8 | | 22 | 00:59:23 | 00:59:15 |
| 100 | 24 | Piotr | Janc | Puszczykowo | Puszczykowo | 1982 | M30 | 32 | 78 | | 00:59:38 | 00:59:32 |
| 101 | 26 | Marcin | Kowalski | Team Chomęcice | Chomęcice | 1979 | M40 | 19 | 79 | | 00:59:41 | 00:59:26 |
| 102 | 88 | Sylwia | Ogórkiewicz | | Łęczycza | 1975 | K40 | 10 | | 23 | 00:59:43 | 00:59:32 |
| 103 | 4 | Weronika | Janaszek | | Puszczykowo | 1981 | K30 | 9 | | 24 | 00:59:44 | 00:59:27 |
| 104 | 43 | Agnieszka | Wojciechowska | Biegam bo lubię | Puszczykowo | 1978 | K40 | 11 | | 25 | 01:00:51 | 01:00:33 |
| 105 | 107 | Angelika | Konopa | | Ceków | 1995 | K20 | 6 | | 26 | 01:01:14 | 01:01:04 |
| 106 | 55 | Maciej | Olęderek | Poznań | Poznań | 1969 | M50 | 10 | 80 | | 01:01:16 | 01:01:00 |
| 107 | 86 | Paweł | Hajkowicz | Puszczykowo | Puszczykowo | 1973 | M40 | 20 | 81 | | 01:01:23 | 01:01:15 |
| 108 | 5 | Iwona | Kliks | Zmęczeni już przed biegiem | Poznań | 1973 | K40 | 12 | | 27 | 01:01:31 | 01:01:16 |
| 109 | 12 | Beata | Skrzypek | | Kaźmierz | 1978 | K40 | 13 | | 28 | 01:01:45 | 01:01:28 |
| 110 | 19 | Monika | Wysużał | Znowu w biegu | Poznań | 1989 | K30 | 10 | | 29 | 01:02:00 | 01:01:53 |
| 111 | 18 | Elżbieta | Wysużał | PKO BANK POLSKI | Poznań | 1965 | K50 | 1 | | 30 | 01:02:28 | 01:02:22 |
| 112 | 120 | Anna | Kubiak | | Poznań | 1985 | K30 | 11 | | 31 | 01:02:45 | 01:02:35 |
| 113 | 81 | Maciej | Lembicz | Drużyna Mocarzy/Cityzen_BE3 | Lubon | 1972 | M40 | 21 | 82 | | 01:03:03 | 01:02:54 |
| 114 | 80 | Ewa | Lembicz | | Lubon | 1972 | K40 | 14 | | 32 | 01:03:03 | 01:02:54 |
| 115 | 71 | Natalia | Rembowska | | Mosina | 1974 | K40 | 15 | | 33 | 01:03:29 | 01:03:16 |
| 116 | 17 | Piotr | Szott | Le-biega | Poznań | 1958 | M60+ | 4 | 83 | | 01:03:30 | 01:03:19 |

VI Cross Marcowy
 Organizator: ad+/ biegi.wlkp , Miasto Puszczykowo
 Dystans: 10 km
 Puszczykowo, 2019-03-17



Wyniki

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|------------|-------|------------|-------------|--------------------------------|-------------|---------|------------|---------|----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 117 | 37 | Aleksander | Pogorzelski | Olki biegają | Kościan | 1965 | M50 | 11 | 84 | | 01:03:33 | 01:03:22 |
| 118 | 62 | Magda | Janicka | | Mosina | 1980 | K30 | 12 | | 34 | 01:03:36 | 01:03:24 |
| 119 | 33 | Tomasz | Horła | | Poznań | 1990 | M20 | 16 | 85 | | 01:03:52 | 01:03:42 |
| 120 | 65 | Anna | Rosół | adrenalina fitness team | Krosno | 1969 | K50 | 2 | | 35 | 01:04:51 | 01:04:39 |
| 121 | 117 | Agnieszka | Rojek | W pogoni z Ogarem | Plewiska | 1982 | K30 | 13 | | 36 | 01:07:23 | 01:07:04 |
| 122 | 100 | Agata | Głuchowska | | Poznań | 1989 | K30 | 14 | | 37 | 01:08:03 | 01:07:52 |
| 123 | 114 | Kasia | Jankowiak | kb orange | Puszczykowo | 1979 | K40 | 16 | | 38 | 01:09:05 | 01:09:03 |
| 124 | 115 | Michał | Kaniewski | Orange Polska | Poznań | 1975 | M40 | 22 | 86 | | 01:09:06 | 01:09:04 |
| 125 | 38 | Monika | Pogorzelska | Olki biegają | Kościan | 1967 | K50 | 3 | | 39 | 01:10:23 | 01:10:12 |
| 126 | 61 | Anna | Komasa | | Puszczykowo | 1977 | K40 | 17 | | 40 | 01:10:31 | 01:10:19 |
| 127 | 90 | Anna | Wojtkowiak | ZMĘCZENI NA STARCIE DOBIEGNIEW | Lusowo | 1992 | K20 | 7 | | 41 | 01:16:36 | 01:16:32 |
| 128 | 91 | Alicja | Balcerek | | Czerwonak | 1993 | K20 | 8 | | 42 | 01:16:37 | 01:16:33 |
| RAZEM: 128 | | | | | | | | | | | | |